

UW Medicine

UW SCHOOL
OF MEDICINE

4th Annual
**MEN'S HEALTH
UPDATE**



Friday-Saturday

August 24-25, 2018

Orin Smith Auditorium

UW Medicine, South Lake Union

850 Republican Street | Seattle, WA 98109

Sponsored by UW School of Medicine
Department of Urology
Office of Continuing Medical Education

TARGET AUDIENCE

This course is designed for the practicing community of primary care providers and urologists who are seeking an update on important clinical topics in Men's Health. The course is also well suited for nurses, nurse practitioners, physician assistants, fellows and residents.

COURSE DESCRIPTION

The climate of American healthcare is constantly changing. However, some things are certain: Americans are aging, and there are ever increased demands for healthcare access. As a result, primary care providers are increasingly caring for urologic disease. Men are disproportionately afflicted by urologic disease, and "Men's Health" is a growing medical arena where specialized knowledge is required. The diagnosis and management of many Men's Health diseases have been greatly influenced by recent pharmacological, surgical and technological advances. One of the greatest challenges care providers face is staying abreast with the many dynamic changes in this field. An internationally acclaimed faculty has been assembled to provide this update, with presentations on topics such as Prostate screening and treatment, Male Voiding Dysfunction, Kidney Stones, Sexual Dysfunction, Hypogonadism diagnosis and treatment and risks and benefits of Testosterone Replacement Therapy, and Chronic Genital Pain. Additional topics include the Primary Care and the Transgender Patient, evaluation of common benign scrotal lesions, and stress urinary incontinence in women. During the plenary sessions, the registrants will have the opportunity to participate in case discussions and question/answer sessions.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 11 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Describe the appropriate evaluation of men suspected of having hypogonadism and discuss the risks and benefits of testosterone treatment.
- Describe the relationship between cardiovascular disease and erectile dysfunction and offer appropriate treatment options to men experiencing ED and other forms of sexual dysfunction.
- Describe the association between male infertility and disease, and discuss the evidence based evaluation of male infertility.
- Discuss the role of PSA screening in men and describe additional tests now available for prostate cancer screening.
- Describe the management options for men with localized prostate cancer, including active surveillance.
- Describe the quality of life issues men face after prostate cancer treatment and develop a paradigm for addressing common issues.
- Describe the work-up for patients with scrotal masses.
- Understand the role of non-narcotic pain management in patients with chronic pelvic and genital pain.
- Discuss the key elements of a BPH evaluation and provide appropriate treatment options.
- Describe the appropriate evaluation of men with scrotal content pain and discuss and evidence-based initial treatment approach.

REGISTRATION FEES

MD/DO/PhD	\$299.00
Allied Health	\$249.00
Resident/Fellow*	\$150.00

*Resident/Fellow rate requires written confirmation of current status.

Walk-in registrations incur a \$25 administrative fee

The fee for this course includes catering, all instruction materials and transcript of AMA PRA Category 1 Credits™. To ensure enrollment, please complete the enclosed registration form and forward it with the appropriate tuition or register online at uwcmce.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

ONLINE PRESENTATIONS AND MATERIALS

Instruction materials will be available for download at uwcmce.org (for conference registrants only). Materials will be available starting on **August 20, 2018**, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference. No printed presentation materials will be available.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

DIETARY REQUESTS

UW CME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

If you have dietary restrictions (i.e. vegan, gluten-free, etc.), please notify us by August 10, 2018 by sending an email to cme@uw.edu.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **August 10, 2018**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **August 10, 2018**. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact the CME Office with questions - call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

SPECIAL SERVICES

Please inform the CME Office ten days in advance of the conference start date if you will need to utilize lactation services.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration, course credit, handouts, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation please contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Residence Inn by Marriott

800 Fairview Ave N
Seattle, WA 98109
206.624.6000

Staybridge Suites Seattle

1119 Mercer Street
Seattle, WA 98109
206.596.2301

Course Faculty

COURSE CO-CHAIRS

Thomas J. Walsh, MD, MS
Associate Professor
Department of Urology

Michael P. Porter, MD, MS
Associate Professor
Department of Urology

GUEST FACULTY

Joseph Alukal, MD
Associate Professor of Urology
New York University, Langone Medical Center

UW FACULTY

Tina Allen, PT
Physical Therapy Specialist
UW Medical Center, Urology

Richard Berger, MD
Professor Emeritus
Department of Urology

James Downey, MD
Clinical Associate Professor
Department of Urology

William J. Ellis, MD
Professor and Vice-Chair
Department of Urology

Petros Grivas, MD, PhD
Associate Professor
Department of Oncology

Maahum Haider, MD
Assistant Professor
Department of Urology

Judith Hagedorn, MD, MHS
Assistant Professor
Department of Urology

Matthew Jaffy, MD
Clinical Associate Professor
Department of Family Medicine

Niels Johnsen, MD
Clinical Instructor
Department of Urology

Kevin Ostrowski, MD
Assistant Professor
Department of Urology

George R. Schade, MD
Assistant Professor
Department of Urology

**Judy Simon MS, RDN, CD, CHES,
FAND**
Clinical Instructor
Department of Health Services

Mathew Sorensen, MD, MS
Associate Professor
Department of Urology

Suzette Sutherland, MD
Associate Professor
Department of Urology

Robert Sweet, MD, FACS
Professor
Department of Urology

Hunter Wessells, MD, FACS
Professor and Chair
Department of Urology

Jonathan L. Wright, MD, MS
Associate Professor
Department of Urology

Claire Yang, MD
Professor
Department of Urology

Friday, August 24, 2018

7:30 Registration & Continental Breakfast

Male Voiding Dysfunction

Moderator:
Maahum Haider, MD

- 8:00 Section Overview
Maahum Haider, MD
- 8:10 Nocturia: Helping Our Patients Get Some Sleep!
Claire Yang, MD
- 8:30 My Patient Came to Clinic with a Foley Catheter.... Now What?
James Downey, MD
- 8:50 Surgical and Non-Surgical Treatment of BPH: State of the Art 2018
Maahum Haider, MD
- 9:10 Hematuria and Primary Care: What Tests to Order and When to Refer
Michael Porter, MD, MS
- 9:20 Cases - Question and Answer Session | *Faculty*
-

9:40 Break

Male Sexual Hormonal and Reproductive Health

Moderator:
Thomas Walsh, MD, MS

- 9:55 Section Overview
Thomas Walsh, MD, MS
- 10:05 Male Hypogonadism: Diagnosis and Treatment in the Modern Era
Joseph Alukal, MD
- 10:25 Buyer Beware: The Perilous Journey of Testosterone Treatment
Joseph Alukal, MD
- 10:45 Cases - Question and Answer Session | *Faculty*
- 11:00 Transgender Medicine: A Primer for the Primary Care Provider
Niels Johnson, MD
- 11:20 Too Old for a Pediatrician: Transitional Care for Complex Young Adults
Judith Hagedorn, MD, MHS
- 11:40 Male Infertility: The Detrimental Impact of Testosterone Treatment
Kevin Ostrowski, MD
- 12:00 Cases - Question and Answer Session | *Faculty*
-

12:20 Lunch (provided)

Kidney Stones and Male Sexual Dysfunction

Moderator:
Robert Sweet, MD, FACS

- 1:20 Section Overview
Robert Sweet, MD, FACS
- 1:30 Men's Health Nutrition for Primary Care
Judy Simon, MS, RDN, CD, CHES, FAND
- 1:50 Training Doctors: The Ever Growing Role of Simulation in Healthcare
Robert Sweet, MD, FACS
- 2:10 Thirteen Percent of Patients will Have a Kidney Stones!
Mathew Sorensen, MD, MS
- 2:30 Cases - Question and Answer Session | *Faculty*
-

2:50 Break

Friday, August 24, 2018 (continued)

- 3:00 Erectile Dysfunction: Seizing the Opportunity to Improve Quality of Life
Thomas Walsh, MD, MS
- 3:20 Problems with the Penis: Dos and Don'ts in Primary Care
Hunter Wessells, MD, FACS
- 3:40 Women's Health Primer: Stress Urinary Incontinence
Suzette Sutherland, MD
- 4:00 Cases - Question and Answer Session | *Faculty*
- 4:30 **Adjourn**
-

Saturday, August 25, 2018

7:30 Sign-In & Continental Breakfast

Prostate Cancer

Moderator:

Michael Porter, MD, MS

- 8:00 Section Overview
Michael Porter, MD, MS
- 8:10 Prostate Cancer Risk: Which Patients Require My Attention?
Jonathan Wright, MD, MS
- 8:30 Prostate Cancer Screening - The Bullseye Keeps Moving
William Ellis, MD
- 8:50 Prostate Cancer Treatment: Beyond Surgery and Radiation
George Schaede, MD
- 9:10 Cases - Question and Answer Session | *Faculty*
-

9:30 Break

- 9:40 Prostate Cancer: Has it Become a Chronic Disease?
Petros Grivas, MD, PhD
- 10:00 Life After Prostate Cancer - Urologist's Perspective
Kevin Ostrouski, MD, & Thomas Walsh, MD, MS
- 10:20 Life After Prostate Cancer - PCP's Perspective
Matt Jaffy, MD
- 10:40 Cases - Question and Answer Session | *Faculty*
-

11:00 Break

- 11:10 Mindfulness-Based Stress Reduction for Doctors
Richard Berger, MD
- 11:30 Lumps, Bumps and Pain - Dealing with the Scrotum and its Contents
Niels Johnsen, MD
- 11:50 Narcotics are Bad! The Role of Pelvic Physical Therapy in Chronic Pain Syndromes
Tina Allen, PT
- 12:10 Cases - Question and Answer Session | *Faculty*
-

12:50 Adjourn

4th Annual
 Men's Health Update
 August 24-25, 2018

COURSE FEES

MD/DO/PhD	\$299.00
Allied Health	\$249.00
Resident/Fellow	\$150.00

REGISTRATION

First	MI	Last
Professional Title <input type="checkbox"/> MD <input type="checkbox"/> DO <input type="checkbox"/> PhD <input type="checkbox"/> RN <input type="checkbox"/> ARNP <input type="checkbox"/> PA <input type="checkbox"/> Other:		
Street		
City	State	Zip
Phone () -		
Email		

PAYMENT

<input type="checkbox"/> Check (payable to University of Washington) for \$		
<input type="checkbox"/> Credit Card charge \$ <input type="checkbox"/> Visa <input type="checkbox"/> MC <input type="checkbox"/> Discover		
Card #	Exp Date	
CCV #	Signature	
<input type="checkbox"/> UW Budget	Budget Name	Budget #
Box #	Proj	Opt Task

RETURN COMPLETED REGISTRATIONS

BY MAIL:
 UW CME
 Box 359558
 Seattle, WA 98195-9558

BY FAX:
 206.221.4525

CALL:
 206.543.1050
 with questions

Register online at uwcme.org